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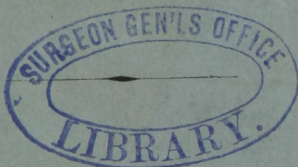
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AND

REGULATIONS

OF THE

BOSTON LUNATIC HOSPITAL



BOSTON:

1848.

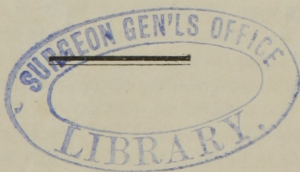
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AND
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BOSTON LUNATIC HOSPITAL.



BOSTON:
JOHN H. EASTBURN, CITY PRINTER,
No. 18 State Street.

1848.

RULES

REGULATIONS

OF THE NATIONAL BOARD

OF THE NATIONAL BOARD

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OF THE NATIONAL BOARD

LAWS AND ORDINANCES

IN RELATION TO

LUNATICS AND THE LUNATIC HOSPITAL.

LUNATICS.

An Act to provide for the Confinement of Idiots and Insane Persons [1836, Ch. 223.]

Be it enacted by the Senate and House of Representatives, in General Court assembled, and by the authority of the same, as follows :

SECT. 1. There shall be within the precincts of the House of Correction in each county of this Commonwealth, a suitable and convenient apartment or receptacle for idiots and lunatic or insane persons not furiously mad, to be confined therein as hereinafter provided.

SECT. 2. When it shall be made to appear, on application made in writing to any two Justices of the Peace, one of whom shall be of the quorum, or any Police Court, that any person being within the jurisdiction of such Justices or Court, is an idiot or lunatic or insane, not being furiously mad as aforesaid, the said Justices or Court are hereby authorized to order the confinement of such person in the receptacle provided for that purpose, and such provision shall be made for the comfortable support of all persons confined by virtue of this act, and they shall be governed or employed in such manner as the County Commissioners of each County in the Commonwealth, and such officers as by law exercise the powers of County Commissioners, may, in the exercise of their discretion, judge best; and such sum per week shall be allowed and paid for the support of

every such person, confined as aforesaid, as the Mayor and Aldermen of the City of Boston, and the County Commissioners of each County, and such officers as by law exercise the powers of County Commissioners, shall direct; and if, in any case, there shall be no parent, kindred, master, guardian, Town or City obliged by law to maintain the person so confined, the sum allowed as aforesaid shall be paid out of the Treasury of the Commonwealth; *provided*, that in no case shall more than two dollars and fifty cents per week ever be paid from said Treasury.

SECT. 3. Any person confined by virtue of this act may at any time be discharged, when, in the opinion of any two Justices of the Peace, one of whom shall be of the quorum, or of any Police Court, having jurisdiction in the case, such discharge would be for the benefit of the person so confined, or when in their opinion, such person would be comfortably supported by any parent, kindred, friend, master or guardian, or by any Town or City in which such person may have a legal settlement.

SECT. 4. In any case, that may arise under this act, all magistrates and other officers and all witnesses shall receive the same fees and compensation for services performed, and for attendance and travel, as are allowed by law, for like services in criminal proceedings, to be taxed, allowed and paid in the same manner.

An Act in addition to an Act to provide for the confinement of Idiots and Insane Persons. [1838, Ch. 73.]

Be it enacted by the Senate and House of Representatives, in General Court assembled, and by the authority of the same, as follows:

SECT. 1. Whenever application shall be made to two Justices of the Peace, one of whom shall be of the quorum, for the confinement of any idiot, lunatic, or insane person, not furiously mad, in pursuance of the provision of the second section of "an act to provide for the confinement of idiots and insane persons," passed on the thirteenth day of

April, in the year one thousand eight hundred and thirty-six, the Justices to whom such application is made, shall, upon the request of the person complained against, issue their warrant to the Sheriff or any Deputy of the Sheriff in their county, to summon a jury of six lawful men to hear and determine the question, whether the person complained against is an idiot, or lunatic, or insane, and not furiously mad as aforesaid.

SECT. 2. The provisions of the second, third, fourth, and fifth sections of "an act concerning lunatics," passed the nineteenth day of April, in the year one thousand eight hundred and thirty-seven, shall apply to trials by jury herein provided for; and the Justices aforesaid shall have all the powers, and perform all the duties devolved upon the Judges named in said act, by the second, third, fourth and fifth sections of the same.

SECT. 3. Any lunatic or insane person confined in any Jail, or House of Correction, by authority of a certificate of the Trustees of the State Lunatic Hospital, according to the provisions of the fifteenth section of the forty-eighth chapter of the Revised Statutes, may be discharged therefrom by the County Commissioners of the several counties respectively, whenever the cause of confinement shall have ceased to exist. And said Commissioners, whenever in their opinion, such lunatic or insane person can, in such manner, be more comfortably provided for, and the safety of the public will not be endangered thereby, may provide for his custody and support in other places than in said Jails and Houses of Correction, or may deliver him to the custody and care of any City, or Town, in which he may have a legal settlement, the said lunatic or insane person, still continuing subject to the order and direction of said Commissioners. The expense of so providing for such lunatic or insane person shall be reimbursed in the same manner, and recovered by the same remedies, as are provided in the sixteenth section of the forty-eighth chapter of the Revised Statutes: *provided*, that in no case shall the sum charged for such provision exceed two dollars and fifty cents per week.

SECT. 4. This act shall take effect from and after its passage.

An Act to establish the Boston Lunatic Hospital. [1839, Ch. 131.]

Be it enacted by the Senate and House of Representatives, in General Court assembled, and by the authority of the same, as follows :

SECT. 1. The City Council of the City of Boston are hereby authorized to erect and maintain a Hospital, for the reception of insane persons not furiously mad ; and provision shall be made for the comfortable support of all persons confined therein.

SECT. 2. The said City Council shall appoint a Superintendent, who shall be a physician, and constantly reside at said Hospital.

SECT. 3. The said Council shall have power to pass such ordinances as they may deem expedient for conducting, in a proper manner, the business of the institution, and for appointing such other officers as, in their opinion, may be necessary.

SECT. 4. The Inspectors of Prisons, for the County of Suffolk, shall be Inspectors of said Hospital, and shall perform the like duties in relation to it that they are now by law required to perform in relation to the prisons in said county.

SECT. 5. *Whenever it shall be made to appear, on application in writing to the Judge of the Municipal Court in the City of Boston, that any person is insane, not being furiously mad, the said Judge is hereby authorized to order the confinement of such person in the said Hospital ; Provided, that, upon the request of such person, the question of his sanity shall be tried by a jury in said Court. Such sum per week shall be allowed and paid, for the support of every such person confined as aforesaid, as the Mayor and Aldermen of the City of Boston shall direct : and if, in any case, there shall be no parent, kindred, master, guardian, Town or City, obliged by law to maintain the person so confined, and if he have no means of supporting himself, the same sum shall be paid out of the Treasury of the Commonwealth, for his support, as may be allowed for other lunatic or insane State paupers ; and any person, committed as aforesaid, by said Judge, may at any time be discharged, when, in his opinion, such discharge would be for the bene-*

fit of the person so confined, or when, in his opinion, such person would be comfortably supported by any parent, kindred, friends, master or guardian, or by any Town or City in which such person may have a legal settlement ; and the said judge, jury or other officers, and all witnesses, shall receive the same fees and compensation for services performed and for attendance and travel, as are allowed by law for like services in criminal proceedings, to be taxed, allowed and paid in the same manner. [Repealed, 1840, Ch. 79.]

SECT. 6. All insane persons who are now confined in the House of Correction or the House of Industry in said City, or may hereafter be subject to confinement therein, and all lunatics, idiots, and other patients, who shall be removed from the State Lunatic Hospital at Worcester, to the City of Boston, by the Trustees thereof, by virtue of the fourteenth and fifteenth sections of the forty-eighth chapter of the Revised Statutes, shall be hereafter confined in the said Boston Lunatic Hospital.

SECT. 7. Any lunatic or insane person, who may be confined in said Hospital, upon his removal from the State Lunatic Hospital as provided in the preceding section, may be discharged therefrom by the Mayor and Aldermen of said City, whenever the cause of confinement shall have ceased to exist ; and said Mayor and Aldermen, whenever, in their opinion, such lunatic or insane person can in such manner be more comfortably provided for, and the safety of the public will not be endangered thereby, may provide for his custody and support in other places than in said Hospital, the said lunatic or insane person still continuing subject to the order and direction of the said Mayor and Aldermen, or said Mayor and Aldermen may deliver him to the custody and care of any City or Town in which he may have a legal settlement. The expense of so providing for such lunatic or insane person shall be reimbursed in the same manner, and recovered by the same remedies as are provided in the sixteenth section of the forty-eighth chapter of the Revised Statutes : *Provided*, that in no case shall the sum charged for such provision exceed two dollars and fifty cents per week.

SECT. 8. All laws inconsistent with this act are hereby repealed.

SECT. 9. This act shall take effect from and after its passage.

An Act in addition to an Act concerning Lunatics. [1839, Ch. 149.]

Be it enacted by the Senate and House of Representatives, in General Court assembled, and by the authority of the same, as follows:

SECT. 1. Either of the Justices of the Supreme Judicial Court, or of the Court of Common Pleas, at any term held within and for the County of Worcester, or the Judge of Probate of said County, may, on application in writing for the discharge from said Hospital of any lunatic who shall have remained there a sufficient time to make it appear that he is incurable, cause such lunatic to be delivered to the agents of any town in which he may have his legal settlement, or to the friends of such lunatic, when, in the opinion of either of said Justices, or of said Judge of Probate, it would not be to the injury of the person so confined, and when it shall be made to appear that such person would be comfortably and safely provided for, by any parent, kindred, friend, master, or guardian, or by any Town or City in which he may have a legal settlement. And whenever request for that purpose shall be made in writing, by any person interested in such discharge, to the Judge before whom the trial is to be held, he shall issue a warrant to the Sheriff, or any Deputy Sheriff in the County of Worcester, directing such Sheriff or Deputy to summon a jury of six lawful men to hear and determine the question whether such lunatic is incurable, and may be comfortably and safely provided for, according to the terms of this act. And the proceedings shall be the same in selecting the jurors, conducting the trial, and allowing the costs, as are provided in the two hundred and twenty-eighth chapter of the laws of the year one thousand eight hundred and thirty-seven.

SECT. 2 If at any time after the discharge of an incurable lunatic, as above provided, it shall be made to appear, on complaint of any person, under oath, to the Judge of Probate for the County in which such lunatic has his legal settlement, or shall be placed, that he is not comfortably supported, or that the public safety is endangered by him, it shall be the duty of said Judge to order his recommitment to said Hospital. And the same proceedings may be had in determining these questions, by a jury, upon the request of any person interested therein, made in writing to said Judge, as are provided in the preceding section.

SECT. 3. In case of the absence, sickness or death, of the Judge of Probate of any County in the Commonwealth, except the County of Suffolk, any Justice of the Supreme Judicial Court, or of the Court of Common Pleas, may commit to the State Lunatic Hospital, any lunatic furiously mad in such County, in the same manner and upon the same proceedings as are now provided by law for the commitment of lunatics to said Hospital by Judges of Probate.

An Act in addition to "An Act to establish the Boston Lunatic Hospital." [1840, Ch. 79.]

Be it enacted by the Senate and House of Representatives, in General Court assembled, and by the authority of the same, as follows:

SECT. 1 Whenever it shall be made to appear, on application in writing to the Police Court of the City of Boston, that any person is insane, not being furiously mad, and is either chargeable or likely to become chargeable to the City or the State, or being furiously mad, has his legal settlement in and is chargeable to said City, the said Police Court are hereby authorized to order the confinement of such person in the said Boston Lunatic Hospital, saving to the person complained against, the right to appeal from such order to the Municipal Court of the City of Boston, as is now allowed from other judgments of said Police Court by law. And upon his appeal, the question of his sanity shall, upon his request therefor, be tried by a jury in

said Court. If on such appeal it shall be made to appear that such person is insane as aforesaid, and is or is likely to be chargeable as aforesaid, the said Municipal Court shall affirm the judgment of the said Police Court, with additional costs, and issue a warrant for his commitment according to law; otherwise such person shall be discharged.

SECT. 2. Any person who shall apply for the commitment of any lunatic, under the provisions of the preceding section, shall first give notice in writing to the Mayor of the City of Boston, of his intention to make such application, and satisfactory evidence that such notice has been given shall be produced to the said Police Court, at the time of making such application. And the said Police Court may order any further notice of such application to be given to the person complained of, or to any other person or persons in his behalf, as they shall deem to be necessary or reasonable.

SECT. 3. Any person committed to said Hospital by either of the courts as aforesaid, and any person who may be confined in said Hospital, upon his removal from the State Lunatic Hospital, as provided in the sixth section of the act to which this is in addition, may at any time be discharged therefrom by the Mayor and Aldermen of the said City of Boston, whenever the cause of confinement shall have ceased to exist, or when in the opinion of the said Mayor and Aldermen such discharge would be for the benefit of the person so confined, or when in their opinion such person would be comfortably supported by any parent, kindred, friends, master or guardian, or by any Town or City in which such person may have a legal settlement. And said Mayor and Aldermen, whenever in their opinion, such lunatic or insane person can in such manner be more comfortably provided for, and the safety of the public will not be endangered thereby, may provide for his custody and support in other places than in said Hospital, the said lunatic or insane person still continuing subject to the order and direction of the said Mayor and Aldermen; or, said Mayor and Aldermen may deliver him to the custody and care of any City or Town in which he may have a legal settlement. The expense of so providing for such lunatic

or insane person, shall be reimbursed in the same manner, and recovered by the same remedies, as are provided in the sixteenth section of the forty-eighth chapter of the Revised Statutes: *Provided*, that in no case shall the sum charged for such provision exceed two dollars and fifty cents per week.

SECT. 4. So much of the one hundred and thirty-first chapter of the Statutes of the year one thousand eight hundred and thirty-nine, as relates to the commitment of persons to the said Boston Lunatic Hospital, by the Judge of the Municipal Court of the City of Boston, and to their discharge therefrom by him, is hereby repealed; but all orders of the said Judge relating thereto, and rendered prior to the time this act shall take effect, shall remain in full force.

SECT. 5. This act shall take effect from and after its passage.

An Ordinance relating to the Boston Lunatic Hospital.

Be it ordained by the Mayor, Aldermen and Common Council of the City of Boston, in City Council assembled, as follows:

SECT. 1. There shall be chosen annually, a Joint Standing Committee of the City Council, consisting of the Mayor and two members of the Board of Aldermen and four members of the Common Council, who shall be a Board of Visitors of the Boston Lunatic Hospital.

SECT. 2. There shall be annually chosen by concurrent vote of the City Council, in the month of September or October, a Superintendent; he shall hold his office until another is chosen in his place; he shall be removable at the pleasure of the City Council, and receive such salary as the said Council may fix and determine, and in case of a vacancy in said office, the said Council may at any time proceed forthwith to fill the same.

SECT. 3. The Superintendent, under the direction of the Board of Visitors, shall have the control of all depart-

ments of the Hospital, and of all subordinate officers, attendants and domestics, and of the patients, — and the charge of the grounds, buildings and appurtenances.

SECT. 4. The Board of Visitors shall determine what subordinate officers, attendants and domestics are necessary, and prescribe such rules for their employment, compensation and discharge, as they shall think proper. They shall have power to make such rules and regulations for the government and management of the Hospital, as they may deem expedient, not inconsistent with this Ordinance or the laws of the Commonwealth. They shall require of the Superintendent to make to them, in the month of July annually, a report of the general state of the Hospital and condition of the inmates during the preceding year, ending the thirtieth day of June, in regard to such particulars as they shall direct. And the Board of Visitors shall communicate this report to the City Council, in the month of July in each year, with such further information as they may deem important.

SECT. 5. All Ordinances heretofore passed relating to the Boston Lunatic Hospital, are hereby repealed, — *provided, however*, that all officers elected or appointed under the Ordinances hereby repealed, shall continue to hold their offices until others are elected or appointed in their stead.

[*Passed October 3d, 1842.*]

Resolve concerning the support of State Lunatic Paupers.

Resolved, That the sum to be allowed to any county, city or town in this Commonwealth, for the support of any State lunatic pauper, shall in no case exceed two dollars and fifty cents per week, for a term less than thirteen weeks; two dollars and twenty-five cents per week, for any term exceeding thirteen weeks, and less than twenty-six weeks; two dollars per week for any term exceeding twenty-six weeks, and less than one year; or be more than at the rate of one hundred dollars per year, for any term of one year or upwards; and shall, in no case, exceed the

amount actually paid out and expended by the county, city or town claiming compensation for the support of each of said State lunatic paupers respectively.

[*Approved by the Governor, March 25th, 1845.*]

An Ordinance in addition to "An Ordinance relating to the Boston Lunatic Hospital."

Be it ordained by the Mayor, Aldermen and Common Council of the City of Boston, in City Council assembled, as follows:

SECT. 1. There shall be chosen by the City Council, annually, in the month of January or February, seven persons, including one Alderman and one member of the Common Council, who shall be a Board of Visitors of the Boston Lunatic Hospital, who shall hold their offices until others are chosen in their places, and who shall have all the powers and perform all the duties prescribed to the Board of Visitors of the said Hospital, by the Ordinance to which this is in addition.

SECT. 2. All rules and regulations which shall be made by the said Board of Visitors, for the employment, compensation and discharge of the subordinate officers, attendants and domestics, and for the government and management of the said Hospital, shall within one month after the same shall have been made, be submitted to the City Council, and such rules and regulations shall be in force until repealed by said Board of Visitors, or until disapproved of by vote of the said City Council.

SECT. 3. The first section of the Ordinance to which this is in addition, passed October 3d, 1842, and all Ordinances and parts of Ordinances inconsistent herewith, are hereby repealed. The powers and duties of the present Board of Visitors shall cease upon the election by the City Council of the new Board contemplated by this act.

[*Passed March 13, 1845.*]

An Ordinance in addition to an Ordinance relating to the Boston Lunatic Hospital.

Be it ordained by the Mayor, Aldermen, and Common Council of the City of Boston, in City Council assembled, as follows :

SECT. 1. The Superintendent of the Boston Lunatic Hospital shall, in the month of December annually, report to the Board of Visitors of said institution, upon such matters as they may direct in reference to the general state of the Hospital, and condition of the inmates during the preceding year, ending on the thirtieth day of November ; and said Board of Visitors shall communicate said report, with such further information as they may deem important, to the City Council forthwith.

SECT. 2. That so much of the 4th section of an ordinance passed October 3d, 1842, as is inconsistent with this ordinance, is hereby repealed.

[*Passed June 4, 1846.*]

RULES AND REGULATIONS.

COMMITTEE ON SUPPLIES.

THEY shall cause to be purchased, under their direction, all articles for the use of the Hospital, and shall approve all bills for the same in Committee.

COMMITTEE ON ACCOUNTS.

They shall examine, in Committee, all bills, and return to the Board each month the amount of the same ; and also require the Steward to keep a duplicate copy of the general return, approved by the Board.

DUTIES OF THE SECRETARY OF THE BOARD OF VISITERS.

It shall be the duty of the Secretary to attend all meetings of the Board of Visitors, keep a true and faithful record of all their doings, visit their room as often as once every week day, and if any communi-

cations are found addressed to the Chairman or any of the Committees of the Board, he shall transmit the same immediately as directed: he shall communicate with any person or persons with whom the Institution may have any connection, and perform such other duties as the Board of Visitors may from time to time direct, for the faithful performance of which duties he shall be allowed a compensation of one hundred dollars per annum, payable quarterly.

DUTIES OF THE SUPERINTENDENT.

1. The Superintendent, under the direction of the Board of Visitors, is by the Ordinance of the City, the head of the Institution in all respects, and he is to be respected and obeyed accordingly. "He shall have the control of all departments of the Hospital, and of all subordinate officers, attendants and domestics, and of the patients, — and the charge of the grounds, buildings and appurtenances." His directions and orders to the subordinate officers of the Institution shall be communicated through the Steward or Matron, except in cases where the urgency of the occasion or their absence shall render it inexpedient. His acts being subject to approbation or rejection of the Board of Visitors.

2. He shall visit all the patients daily, and as much oftener as may be necessary ; — he shall give

all requisite personal attention to their medical, moral and physical treatment, and to their regimen and diet ; — and he may call consultations whenever he shall deem it necessary. And he shall cause the apartments to be kept properly cleansed, warmed and ventilated.

3. He shall keep a record of the medical treatment of all the patients. He shall also keep a record of the name, age, description and country of all patients admitted, — the date of all admissions and discharges, where sent from and by what authority, — and so far as can be ascertained, the place of their birth and of their legal settlement, and the names of the relations or friends, to whom reference may be had for information concerning them, and the nature and supposed cause of their malady. Such records shall always be open to the inspection of any of the Board of Visitors. And in case of the death of any of the patients, he shall immediately report the same to the Board of Visitors, in writing, with the probable causes thereof, and the disposal of the body of the deceased, together with the date of his or her admission to the Hospital.

4. He shall make application to the Committee on Supplies for all articles intended for the use of the Hospital ; he shall exercise a watchful care over the whole domestic department, that due neatness, economy and order may prevail ; — he shall cause an accurate account to be kept of all expenditures on account of the Hospital, — certify such bills as the

Board may direct, — and cause them to be laid before the Committee on Accounts and of Supplies of the Board of Visitors, every month ; — and he shall render to the Board at their first meeting in January, April, July and October, under the respective heads of Subsistence, Salaries, Clothing, Fuel and Incidentals, an account of all the expenditures of the Hospital for the preceding quarter.

5. He shall make monthly to the Board of Visitors reports upon such matters connected with the Hospital, and oftener, at such times as they may direct. And he shall make to them, on or before the 3d Wednesday of December annually, a report of the general state of the Hospital and condition of the inmates during the preceding year, ending the thirtieth day of November, in regard to such particulars as they shall direct.

6. The subordinate officers and domestics of the Hospital shall be as follows, viz :

- One Steward ;
- One Matron ;
- Five male Attendants upon patients ;
- Four female Attendants upon patients ;
- Two male Assistants ;
- One female Assistant ;
- One Housekeeper ;
- One Laundress ;
- Two Cooks ;
- One Sempstress ;
- One Chamber and Table Girl.

7. He shall cause a record to be kept of the names and residence of all persons employed in the Institution, with the dates and terms of their respective engagements; also the stipulated wages, and the nature of the services expected from each, and the time and causes of their dismissal.

8. The Superintendent and the Steward, with their families, and the Matron, shall take their meals at one table, — and the other officers, attendants and domestics at another, so that there shall be but two tables. The Superintendent shall be allowed to board one Student in the House at the expense of the Institution.

9. The Hospital shall be visited by a Sub-Committee of the Board of Visitors, and by the whole Board, once in each month.

10. The time for visiting the Hospital by the relatives and friends of the patients, shall be Thursday of each week, from two to four o'clock, P. M., in the winter, and from two to five o'clock P. M., in the summer. And no person shall be admitted without a permit from some member of the Board of Visitors, the Mayor, or the Superintendent.

11. The Superintendent may prescribe such rules and regulations, for the conduct and government of the subordinate officers, attendants and domestics, and of the patients, as he may think proper, subject to the approval of the Board of Visitors.

DUTIES OF THE STEWARD.

The Steward is the agent of the Superintendent ; it shall be his duty to have the oversight and regulation of the details of the domestic part of the Institution, and to give to those persons employed all necessary directions, — to see that the male patients are kindly treated, and their food is properly served and distributed, that their apartments are kept clean and in good order, and properly warmed and ventilated, and that the male attendants in all respects do their duty ; and shall forthwith, on the occurrence of any instance of neglect or misconduct on their part, report such to the Superintendent. As the agent of the Superintendent, he shall cause all directions received from him to be executed by the attendants and assistants and domestics, and in all his directions to them, he shall be considered as carrying the authority of the Superintendent. He shall collect all bills due the Institution, and immediately pay the same into the City Treasury. And for a faithful discharge of his duties, approved by the Board of Visitors, he shall receive a salary of six hundred dollars per year, to be paid quarterly.

DUTIES OF THE MATRON.

It shall be the duty of the Matron to look carefully to the female patients, to spare no effort to

promote their welfare, to pass as much time with them as her other duties will allow, — to see that they are kindly treated, that their food is properly served and distributed, that their apartments are kept clean and in good order, and properly warmed and ventilated; and that the female attendants in all respects do their duty. It shall be the duty of the Matron also to superintend the cooking, washing and ironing, and to see that the clothes and bedding of the females are always neat and clean, and to take charge of the sewing room. Her orders and regulations are to be implicitly obeyed. Any instance of neglect or misconduct on the part of any of the female attendants, is to be reported immediately to the Superintendent. And for said services, thus rendered, she shall receive a salary of two hundred dollars per year, to be paid quarterly.

DUTIES OF ATTENDANTS AND ASSISTANTS.

The whole time of the Attendants and Assistants belong to the Institution, and it is required that every one promptly and cheerfully obey all the directions given to them, and perform all the duties required of them by the Superintendent, Steward and Matron, and on all occasions treat each of these officers with courtesy and respect. The Attendants and Assistants are to eat at the same table, and punctuality at meals is enjoined upon all.

Each one will be held responsible for the duties of his or her department, and should be ambitious to discharge those duties in a satisfactory manner.

The Attendants and Assistants are not allowed to take any articles of property from the house. There shall be furnished a Blank Book, to be kept in the Superintendent's office, into which it shall be their duty to enter all articles wanted in their respective apartments, with the date of each entry. It shall also be the duty of the Steward to examine into these wants daily, and to supply such as, in the judgment of the Committee on Supplies, may seem necessary, and when supplied, to so enter them on the book, with the date.

The Attendants and the Assistants shall be subject to the Steward, as the agent of the Superintendent. And all orders from the Steward shall be implicitly obeyed by them, as coming from the Superintendent himself.

Self-respect is especially enjoined upon all, and as the patients will naturally imitate the manners, &c., of the Attendants, it is of the greatest importance that in this, as in all other respects, a good example be set before them.

The dress of the Attendants and Assistants should always be neat and clean; they must treat each other with kindness and courtesy — be ever ready and willing to aid and encourage each other in the performance of duties, which must, at times, be difficult and laborious — be cautious not to use im-

proper language, nor to indulge in unmeaning and boisterous mirth, but ever to cultivate a calm, sedate and decorous deportment. Whenever it becomes necessary for an attendant to speak to an officer or visiter concerning a patient who is present, it should be done in such a manner as not to excite suspicion on the part of the patient that he is the subject of conversation.

Under all circumstances, the patients are to be treated with kindness and affection, and to be addressed by their surnames, and they must be spoken to in a mild and gentle tone of voice, soothed and calmed when irritated, encouraged and cheered when melancholy and depressed. They must never be ridiculed or mocked, nor may their extravagancies or delusions be made the subject of jest or sport.

The patients are never to be considered or treated as servants; on the contrary, whenever they are employed by the Attendants, they are to be regarded as assistants.

Every patient, within twenty-four hours after admission, is to be washed, and observation made of any swelling on the body, or sores, spots or vermin on the skin, and the fact immediately reported to the Superintendent.

Whenever they engage in any controversy, or in any improper or exciting subject of conversation, the Attendant must interfere and check them; and must shut them up in their respective rooms, if the

quiet and good order of the halls can in no other way be preserved.

When the Attendants receive insult and abuse they must keep cool, forbear to recriminate, scold, threaten, or to dictate in the language of authority.

Violent hands are never to be laid on the patients except in self-defence, or to prevent injury to themselves or others. Nor are they to be collared, or rudely handled, to induce them to move or obey; it will rarely happen that gentle, mild, or persuasive measures will not prevail; whenever these fail the officers are to be informed. A blow is never to be returned under any circumstances.

The straps and mittens are never to be put on, or when on, to be taken off, unless by order of the Superintendent.

Every patient must be in the charge of some responsible individual at all times, (unless permitted to be at large by the Superintendent) and such individual will be held responsible for the safe keeping of such patient, till returned to the hall, or entrusted to the care of another.

The Attendants must not retire to their rooms and close the door of their room while the patients are in the halls, but should pass as much of their time in the halls with the patients as possible during the day, endeavoring to encourage and amuse them, and, as far as practicable, inciting them to habits of industry.

No patient is permitted to go out of the halls without the consent of the Superintendent.

It is expected that all persons who have duties to perform in the Hospital, will rise at the ringing of the bell, and that immediately after the ringing of the bell, at nine o'clock in the evening, the labor of the house will cease, the lights in the dining-room, kitchen, entries and galleries will be extinguished, and all persons will retire to their respective rooms.

Every Attendant should keep a lamp burning, in a small lantern, through the night.

The Attendants will see that the patients rise at the same hour with themselves, that they are properly washed, their hair combed, and their dress suitably arranged in season for breakfast.

The dress of the patients should at all times be neat and whole. The beds should be made, the halls, entries and stairs should be swept, and the water closets cleansed as early as possible. Every apartment in the wings should be thoroughly ventilated every morning, and as often through the day as may be necessary, by opening the windows, &c.

No part of the Hospital is to be considered clean when it can be made cleaner.

Each Attendant, in his or her turn, is to remain in the wing and move through the galleries, while the others are occupied in providing the meals of the patients, or in taking their own.

The Attendants (with the exception of the two on guard in the wings) must always be present to

prepare the food, and all the Attendants must be present at the meals to distribute the food in a proper and equable manner; particular care must be taken that the patients return to their respective galleries after meals; their having left the dining-rooms is not sufficient evidence of this; they are to be immediately followed, seen to be in their proper places, and the gallery doors to be locked.

The Attendants should be watchful lest any knives or forks or articles of food be carried to the rooms of the patients, nor is any one to be absent [from the regular meals (excepting in cases of sickness or high excitement) without permission from the officers.

No patient is ever to be allowed to have a razor, penknife, or a dangerous weapon of any kind, without permission from the Superintendent; especial care must be taken that no such weapon get into their possession.

The beds, clothes, &c., of any suspicious patient, must be frequently searched; if it is known or suspected, that any such instrument is in their possession, which cannot be found, immediate information must be given to the officers.

No person connected with the Hospital can be allowed to use ardent spirit or tobacco in any form.

The Attendants are not to be absent from their halls, nor to visit from gallery to gallery, the kitchen or other rooms in the house, without particular busi-

ness ; nor are they to give up their keys, or to admit visiters to their halls without permission.

The Attendants and Assistants are not to leave the Hospital without permission from the officers, and must always return by nine o'clock, P. M., unless leave be expressly given to remain out later, and when abroad, they must not report the conduct or conversation of the patients. Wherever they are, they must speak respectfully of the officers and the Institution, and to the inmates inculcate respect and confidence in their management, sustain and carry into operation all directions and prescriptions which are made for them in the most ready and faithful manner.

No male Attendant, Assistant or Student may enter the female halls or cottage, without permission. The patients are all to retire to their beds at the usual hour, and their bed-room doors to be locked, care being taken to hear the slipping of the bolt.

The gallery doors, and especially the dining-room doors, are to be kept *locked* at all times. If these precautions be observed, escapes can rarely happen.

It is expected that all persons employed in the Hospital, who are well and can be spared from the duties in the house and halls, will attend the evening family worship and the religious services of the Sabbath, unless leave of absence be granted.

It is directed that each person employed in the Institution shall give notice thirty days before leaving of his or her intention of so doing, and it shall

be made optional in all contracts for service with attendants and officers, that upon notice of one week to them the contract for service shall terminate, and their wages to that time shall be computed — unless sooner discharged for cause.

In case of the sickness of any of the Attendants or Assistants, no wages will be allowed them after a fortnight's absence from their duty.

The pay of each of the male Attendants and Assistants shall be fifteen dollars per month; and such of the same as shall remain in the employ of the Institution one or more years, performing their respective duties to the satisfaction of the Board of Visitors, shall be entitled to an additional payment of sixty dollars for each and every year.

These rules or either of them may be suspended in individual cases, by the Board of Visitors, on any emergency.

BOARD OF VISITERS

AND

OFFICERS OF THE INSTITUTION FOR 1848.

VISITERS.

Andrew T. Hall, <i>Chairman</i> ,	George Savage,
Otis Clapp,	John P. Ober,
Charles Edward Cook,	George R. Sampson,
Bradley N. Cumings,	
Samuel F. McCleary, Jr., <i>Secretary</i> .	

Committee on Accounts.—Messrs. Hall, Cumings and Sampson.

Committee on Supplies.—Messrs. Cook, Savage, Clapp and Ober.

Committee on Library.—Messrs. Clapp and Sampson.

VISITING COMMITTEES.

<i>January,</i>	Messrs. Hall, Ober and Cook.
<i>February,</i>	“ Ober, Cook and Clapp.
<i>March,</i>	“ Cook, Clapp and Savage.
<i>April,</i>	“ Clapp, Savage and Sampson.
<i>May,</i>	“ Savage, Sampson and Cumings.
<i>June,</i>	“ Sampson, Cumings and Hall.
<i>July,</i>	“ Cumings, Hall and Ober.
<i>August,</i>	“ Ober, Savage and Clapp.
<i>September,</i>	“ Cook, Cumings and Sampson.
<i>October,</i>	“ Clapp, Hall and Cumings.
<i>November,</i>	“ Savage, Cook and Hall.
<i>December,</i>	“ Sampson, Clapp and Ober.

The regular meetings of the Board are held at their Room, City Hall, on every Wednesday, at 5 o'clock P. M., excepting the third Wednesday of each month, on which days they are held at the Hospital.

OFFICERS
OF THE
BOSTON LUNATIC HOSPITAL.

SUPERINTENDENT.

C. H. STEDMAN, M. D.

STEWARD.

SUMNER CROSBY.

MATRON.

HARRIOT CROSBY.

ATTENDANTS.

GILBERT SIMONDS,
B. E. DELANO,
JOSEPH K. BLANCHARD,
MASON H. FORD,
LYMAN G. CASE,

SOPHRONIA FLETCHER.
HARRIET T. KELLY.
JULIA H. COX,
MARY E. CUSHING.

ASSISTANTS.

ENOCH BERRY,
DARIUS F. BRADLEY,

BARBARY MCKAY.

HOUSE KEEPER.

HANNAH ADAMS.

LAUNDRESS.

MARY F. ADAMS.

SEMPSTRESS.

ELIZA LEAVITT.

TABLE AND CHAMBER GIRL.

JANE FIELD.

COOKS.

MARY A. DURGIN, | ANNA MATTHEWS.

Tabular Statement of the Cost, Annual Expenses, Inmates, &c., of the Boston Lunatic Hospital.

Erection of Hospital and out-buildings,	1839-40 \$33,349 62	1840-41 2963 82(b)	1841-42	1842-43	1843-44	1844-45 5651 04(e)	1845-46	1846-47 21432 50(g)	1847-48 1329 58(h)
Subsistence and Supplies,	9961 11(a)	4663 43	5239 62	4636 75	5158 71	5439 31	6250 79	6400 06	7575 89
Salaries, including Superintendent,		4064 66	4290 61	4096 64	4056 91	4009 74	4188 54	4702 55	5208 94
Clothing and Bedding,	-	528 10	617 21	598 94	745 69	1003 18	821 07	1084 71	1248 59
Fuel,	-	1670 96	1094 21	1218 32	1114 90	932 82	1607 84	1563 28	999 56
Furniture,	-	703 54	335 50	632 23	347 49	318 31	534 25	350 77	1049 35
Repairs and Alterations,	-	455 47	1208 95	2551 37(c)	1977 02(d)	764 10	1599 34(f)	663 79	473 90
Medicines, Paints, Stationery,	-	811 00	654 12	604 78	645 78	692 01	492 92	715 88	836 16
Transportation, etc., -	-								
	\$9961 11	12897 16	13440 22	14329 03	14046 50	13159 47	15494 75	15481 04	17392 39

Received from Commonwealth and other sources, - -
Average No. of Patients, - -
Average Annual Expense of do.,

3449 74	8491 17	9721 99	9484 28	10351 36	10155 84	10437 16
93 6-12	103 10-12	106 5-12	111 7-12	121 1-12	132 1-12	151 5-12
137 94	129 44	140 14	117 93	127 97	117 21	114 86

(a) From opening of Hospital, Dec. 11, 1839 to April 1, 1840, including furnishing of the same.

(b) Laying out Grounds and Building Barns.

(c) Including Sea Wall and Ventilation of Wings.

(d) Including Bathing House and Wood Shed.

(e) Building Cottage.

(f) Including Bowling Alleys.

(g h) Extension of Hospital.

Total cost of Buildings, exclusive of Land, \$64,726 56.

SUPPLEMENT.

BOARD OF VISITERS AND OFFICERS OF THE INSTITUTION FOR 1850.

VISITERS,

Andrew T. Hall, *Chairman*,
Otis Clapp,
Charles Edward Cook,
Bradley N. Cumings,

George Savage,
Henry M. Holbrook,
Calvin W. Clark.

Samuel F. McCleary, Jr., *Secretary*.

Committee on Accounts.—Messrs. Hall, Cumings and Clark.

Committee on Supplies.—Messrs. Cook, Savage, Clapp and Holbrook.

Committee on Library.—Messrs. Holbrook, Clark and Clapp.

VISITING COMMITTEES,

January,	Messrs. Hall, Ober and Cook.
February,	" Ober, Cumings and Clapp.
March,	" Cook, Clapp and Savage.
April,	" Clapp, Savage and Clark.
May,	" Savage, Clark and Cumings.
June,	" Clark, Cumings and Hall.
July,	" Cumings, Hall and Holbrook.
August,	" Holbrook, Savage and Clapp.
September,	" Cook, Cumings and Clark.
October,	" Clapp, Hall and Cook.
November,	" Savage, Cook and Hall.
December,	" Clark, Clapp and Holbrook.

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OFFICERS
OF THE
BOSTON LUNATIC HOSPITAL.

SUPERINTENDENT,
C. H. STEDMAN, M. D.

STEWARD,
SUMNER CROSBY.

MATRON,
HARRIOT CROSBY.

CHAPLAIN,
REV. LOUIS DWIGHT.

MALE ATTENDANTS,

GILBERT SIMONDS,
JAMES T. STARR,
JOHN ROGERS,

B. E. DELANO,
CHARLES GILKEY.

FEMALE ATTENDANTS,

ELEANOR B. ROWELL,
SARAH E. GILKEY,

ELIZABETH KNOWLTON,
ELIZA WEED.

ASSISTANTS,

DARIUS F. BRADLEY,
LINSEY D. GORHAM,

ANNA MATHEWS.

HOUSE KEEPER,
HANNAH ADAMS.

LAUNDRESS,
MARY F. ADAMS.

SEMPSTRESS,
ELIZA LEAVITT.

TABLE AND CHAMBER GIRL,
JANE FIELD.

COOKS,
SARAH D. MILLER,

HARRIET W. SMITH

GATE KEEPER,
HENRY FAXON.

ORDERS AND ADDITIONAL RULES

Adopted since the printing of the "Rules and Regulations of the Boston Lunatic Hospital, in 1848."

Ordered, That the Superintendent with the advice of the Committee of the month, be authorized to advance a sum of money not exceeding ten dollars, in each case, for the purpose of providing means for the return of discharged patients to their friends, in such cases, as they may deem advisable. [August 13, 1849.]

Ordered, That the Superintendent shall cause to be examined the records of the passengers bonded at the office of the Overseers of the Poor, as often as once in three months, in order that the City or State shall not become liable for the support of any such bonded persons, who have, or may become inmates of the Boston Lunatic Hospital. [December 13, 1848.]

Ordered, That hereafter, when a patient is ready to be discharged from the Hospital, the Superintendent shall notify the Chairman of the Committee of the month, one of which Committee shall examine personally, the condition of the patient, and shall report upon the same at the next meeting of the Board. [July 5, 1848.]

Ordered, That the Superintendent shall cause in all cases, two attendants to accompany in convenient numbers, the patients when at the Bath House for bathing purposes. [June 14, 1848.]

Ordered, That the Steward be directed to report to this Board, any and all sums which are paid by him into the City Treasury, to the credit of this Institution, as often as such payments may be made. [June 7, 1848.]

Ordered, That the Steward be directed *not* to present any bills to the City Government, which, after examination by this Board, have not been approved by the respective Committees; but that he retain the same in his possession, subject to such disposition as the Board may thereafter direct. [June 7, 1848.]

Ordered, That in case the Superintendent of the Hospital should desire to be absent from the Hospital for any given time, a notice of such a wish shall be made to the Board of Visitors, *one week previous*, to the time of his contemplated absence, that the Board may have an opportunity of disposing of the same, as circumstances and the good of the Institution may require. [July 14, 1847.]

ADDITIONAL RULES.

1. In general it is not desirable that the friends of patients should remain with them more than half an hour.

2. In fine weather all the patients who can walk, or who like to be out of doors, are to be taken into the airing-courts; in each of which when there are more than ten patients, there must at least be one attendant, *or when any violent patients* are taking exercise, at least two. In damp weather the patients are not to be permitted to lie on the grass; and in very hot weather they must be placed in the shade when in the airing-courts. In bad weather they are not to be taken out.

3. No one employed in the Hospital may convey any letters or messages from the patients to any one out of the Asylum, without leave from the Superintendent.

4. No attendant, assistant, student, or stranger, may enter the Female Halls, or Cottage, without permission from the Superintendent.

